EVENT VENUE
Somerley House
Ringwood
Hampshire
BH24 2DF

ROUTE DISTANCES
Epic: 83 miles
Standard: 66 miles
Short: 29 miles

COURSE MAP
WIGGLE NEW FOREST SPRING
SATURDAY 8TH APRIL &
SUNDAY 9TH APRIL 2017

EVENT VENUE
Somerley House
Ringwood
Hampshire
BH24 2DF

ROUTE DISTANCES
Epic: 83 miles
Standard: 66 miles
Short: 29 miles

MEDICAL EMERGENCIES: 07961 063 100
MECHANICAL ASSISTANCE: 07854 081 972

Note: All Riders must return or call the event centre before 4:00pm and report to a member of the UK Cycling Events Team.
EVENT DETAILS

WIGGLE NEW FOREST SPRING SPORTIVE
SATURDAY 8TH APRIL 2017 & SUNDAY 9TH APRIL
HASHTAG YOUR RIDE: #GETOUTANDRIDE

VENUE OPENS: 7:00am - REGISTRATION OPENS: 7:15am (Closes: 9:50am)
LATEST FINISH TIME: 4:00pm

EPIC START TIME: 7:40AM - 9:00AM
Dist: 83 Miles  Elevation Gain: 2608 ft  Difficulty Rating: 5/10  GPX File  iGarmin

STANDARD START TIME: 8:30AM - 9:30AM  PLEASE DO NOT ARRIVE BEFORE 8:00AM!
Dist: 66 Miles  Elevation Gain: 2201 ft  Difficulty Rating: 4/10  GPX File  iGarmin

SHORT START TIME: 9:00AM - 10:00AM  PLEASE DO NOT ARRIVE BEFORE 8:30AM!
Dist: 29 Miles  Elevation Gain: 784 ft  Difficulty Rating: 3/10  GPX File  iGarmin

FEED STOP 1
Bisterne Village Hall
Bisterne
Ringwood
BH24 3BN

FEED STOP 2
Thorney Hill Comm Ctr
254 Burley Road
Bransgore, Christchurch
BH23 8DR

FEED STOP 3
Copythorne parish Hall
Southampton
Hampshire
SO40 2NZ

WATER STOP
Gang Warily Rec Ctr
Southampton
Hampshire
SO45 1GA

TIMING STANDARDS

<table>
<thead>
<tr>
<th>Route</th>
<th>Award</th>
<th>Distance</th>
<th>Avg Speed (Mens)</th>
<th>Time</th>
<th>Avg Speed (Women)</th>
<th>Time</th>
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<tbody>
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<td>Epic</td>
<td>Gold</td>
<td>83</td>
<td>&gt; 15.5 mph</td>
<td>&lt; 5hr 21min</td>
<td>&gt; 14.5 mph</td>
<td>&lt; 5hr 43min</td>
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<tr>
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<td>Silver</td>
<td>83</td>
<td>&gt; 14 mph</td>
<td>&lt; 5hr 55min</td>
<td>&gt; 13 mph</td>
<td>&lt; 6hr 23min</td>
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<tr>
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<td>Bronze</td>
<td>83</td>
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<td>&gt; 5hr 55min</td>
<td>&lt; 13 mph</td>
<td>&gt; 6hr 23min</td>
</tr>
<tr>
<td>Standard</td>
<td>Gold</td>
<td>66</td>
<td>&gt; 15.5 mph</td>
<td>&lt; 4hr 15min</td>
<td>&gt; 14.5 mph</td>
<td>&lt; 4hr 33min</td>
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<tr>
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<td>&lt; 4hr 42min</td>
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<td>&lt; 5hr 4min</td>
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<tr>
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<td>66</td>
<td>&lt; 14 mph</td>
<td>&lt; 4hr 42min</td>
<td>&lt; 13 mph</td>
<td>&gt; 5hr 4min</td>
</tr>
<tr>
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<td>29</td>
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<td>&lt; 1hr 52min</td>
<td>&gt; 14.5 mph</td>
<td>&gt; 2hr 1min</td>
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<tr>
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<td>&gt; 13 mph</td>
<td>&gt; 2hr 13min</td>
</tr>
<tr>
<td>Short</td>
<td>Bronze</td>
<td>29</td>
<td>&lt; 14 mph</td>
<td>&lt; 2hr 4min</td>
<td>&lt; 13 mph</td>
<td>&gt; 2hr 13min</td>
</tr>
</tbody>
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Note: GPX File and iGarmin links provide maps and routes for participants.