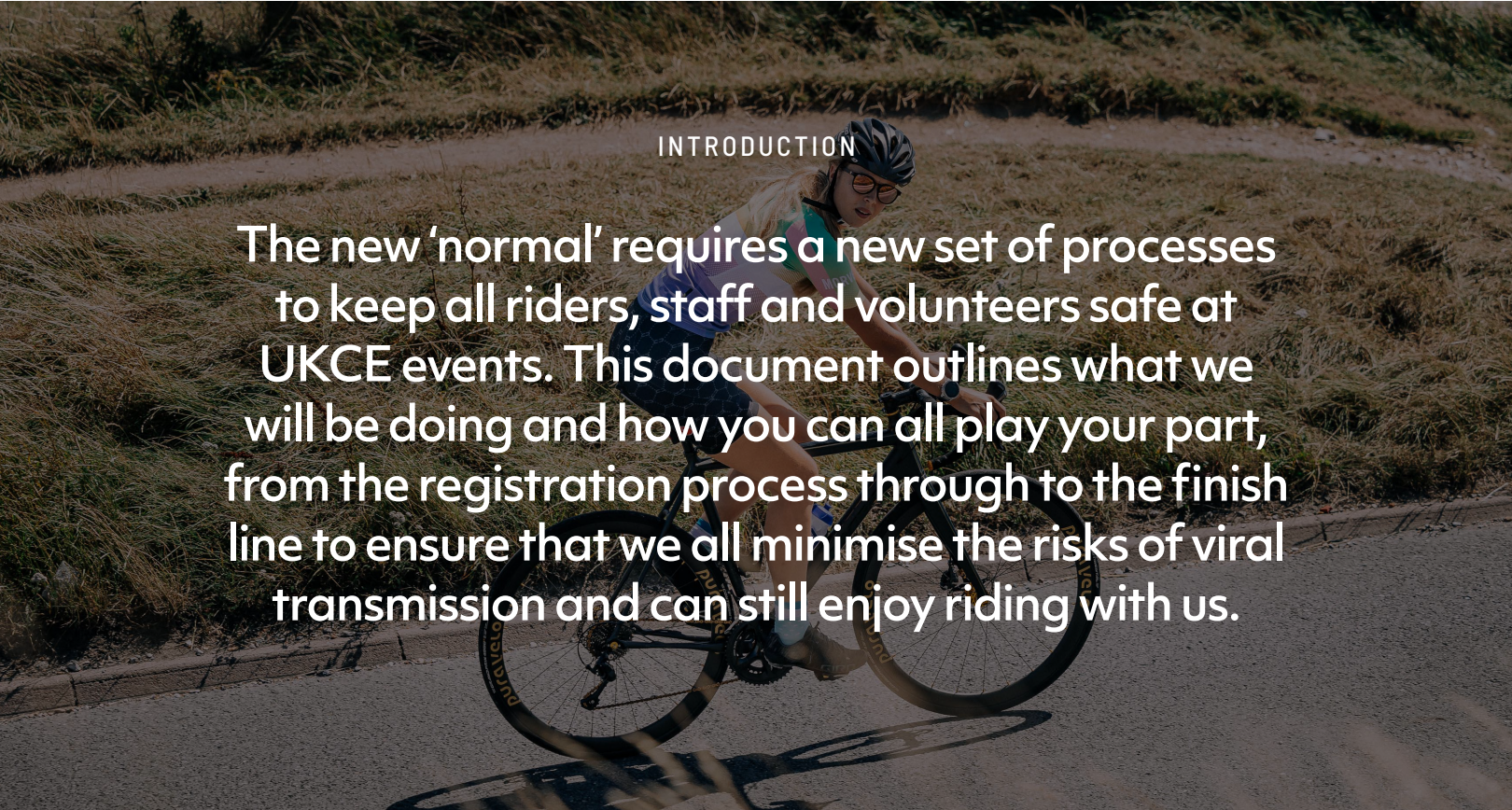


A photograph of two cyclists riding on a paved path that curves through a lush, green forest. The cyclist on the left is wearing a blue long-sleeved jersey and black shorts, while the cyclist on the right is wearing a pink and white patterned jersey and black shorts. Both are wearing helmets and riding road bikes. The path is surrounded by dense ferns and trees, creating a serene and natural setting.

ukce

Making our events safe

COVID-19 EVENT PROCEDURES

A background image of a cyclist riding on a paved road. The cyclist is wearing a blue and white jersey, dark shorts, a black helmet, and glasses. The road is bordered by dry grass and a dirt path. The text is overlaid on the image.

INTRODUCTION

The new 'normal' requires a new set of processes to keep all riders, staff and volunteers safe at UKCE events. This document outlines what we will be doing and how you can all play your part, from the registration process through to the finish line to ensure that we all minimise the risks of viral transmission and can still enjoy riding with us.



Pre event



Pre event

We will significantly reduce rider numbers at our events until restrictions are lifted.



Kit requirements for all riders

- ✓ Hand sanitiser (this will also be available at the venue and outposts).
- ✓ Facemasks (mandatory for the venue).



If you have had any of the below symptoms within the last 14 days, or feel unwell, please DO NOT attend the event:

- ✗ High temperature
- ✗ New or continuous cough
- ✗ Loss or change in taste and/or smell



REGISTRATION PROCESS

Online tickets close at the normal time on the Tuesday/Wednesday pre event. Registration on event day will follow our standard process (alphabetically organised event numbers) but will be setup slightly differently to allow for social distancing.

Riders will be asked to collect the event number 30mins before the start time they have chosen.





Event day



Event day



REGISTRATION SETUP

1

Before you get to registration, a member of staff (Pre-reg Marshall) will ask you for your start wave time. If you arrive more than 30mins before the start of your start wave time you will be asked to wait in your car.

2

Once at registration there will be 4 tables split by surname. There will be a socially distanced queue for each. This will be managed by another member of staff (Reg Manager).



START TIME SLOTS

Prior to the event riders will be required to select their start time slot online.

Those in the **longest distance** will be required to choose between the two / three **earliest time slots**.

Those in the **shorter distances** will be required to choose between the two / three **later time slots**.

Each time slot will be 30mins in length, with 5mins between each start wave.

In each 30min time slot there will be a set capacity of riders to allow for a 15sec gap between each single rider / social bubble of riders.

The start briefing will be a short video that will be communicated via the pre event information email. This will allow the start process to run more freely. All our event day procedures will also be communicated within this email.



On course



On course



SIGNAGE

Additional signage will be placed out on course at feed stations and in areas of increased population. These will serve as a reminder of the need to adhere to social distancing guidelines and behave responsibly at all times.



FEED STATIONS

Setup so that riders must keep moving, with a limited number of riders allowed through at once. A staff member at the entrance to the outpost will manage the flow to allow only 2 riders through at a time.

- Food will still be available at each feed station, however all items will be individually packaged.
- Water and electrolyte drink available at all feed stations, but riders need to bring their bottle. Riders will be required

to remove the lid from their bottle before placing it down on the feed station table for a member of staff to fill. The rider will then take the full bottle, replace their lid and continue through the feed station.

- Please be respectful to our local environment and communities. Riders must use the bins provided or take their rubbish with them.
- Riders will not be encouraged to stop at the feed station for any lengthy period of time, but instead encouraged to pass through the feed station quickly and eat / drink on the move.



Venue

Venue



START / FINISH

Giveaways and medals to be handed to riders by gloved event helpers. Gloves / mask to be changed every 30 mins. Rolling start line and socially distanced starter chute.



TOILETS

All riders are advised to sanitise their hands before and after using the toilets.

Toilets to be spread out in one location or spread out in multiple locations.

Hand sanitiser and 'keep your distance' signs will be placed in this area to act as a reminder of our expectations.



VENUE FOOD

- Hot food will be take away only.
- Tea and coffee to be served in take away cups only.
- All food must be shielded from riders (Perspex cover over food).



GENERAL

- ✓ Hand sanitiser will be placed at various points throughout the venue.
- ✓ Signage to reinforce the social distancing measures placed around the venue and out on course.
- ✓ Face masks must be worn when inside.

Venue



STAFFING

- All staffing to be provided with hand sanitiser, gloves and masks or visors.
- Staff can be issued online maps and briefing to minimise time at venues.



SPECTATORS

Whilst we aren't encouraging large gatherings of people at this time, we know that it is nice for family and friends to be able to share in your sporting achievements. Therefore any spectators / supporters must behave within the socially distance guidelines and wear a mask at all times whilst inside the event village.



SIGNS

Signs to reinforce social distancing will be used throughout the venue.

There will be a large route map that riders and spectators will be able to take photos of and use as a guide whilst out on the course.





Thank you

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